

Internet Safety.

In this section, you will learn how to use the internet more safely. You will see how to recognise suspicious messages and scams, protect your personal information, and create secure passwords.

Find an educational
video on our website:



Passwords: Secure vs. Insecure.

What **TO** use as a password:

- Three random words that are easy for you to remember, for example: sun-book-car196
- A combination of words and a number, as long as the number is not related to personal information, for example: coffee-sea-pomegranate7

Examples of strong passwords:

N-k-LzHjm9\$M79h

hd2\$9T%j

g)AN.}%H<

TmDEL3NmKRRbdvnn3

v{tW!LErh:N?6y

What **NOT TO** use as a password:

- Your date of birth, for example: 15061950
- Your name or the name of a loved one, for example: Maria123
- Simple sequences of numbers or letters, for example: 123456, qwerty
- Your phone number, for example: 99999999
- Easy words that anyone can guess, for example: “password” or “code”